

Comprehensive Neurology and Pain Center of CT

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DISCHARGE DIRECTIONS

SPINAL CORD STIMULATOR TRIAL

Spinal Cord Stimulation (SCS) is an advanced treatment for certain types of chronic pain used when other therapies have failed in offering lasting pain relief. Electrode leads are placed over the spinal cord (in the epidural space) and connected to a programmable device which provides stimulation to the leads. When the power source is turned on, the electrodes on the leads will stimulate specific nerve fibers that affect the areas of your pain. The stimulation of the targeted nerves is intended to change how the pain is perceived. Instead of feeling pain, a different sensation is felt in areas that normally hurt. Most patients say this new sensation feels like tingling. For some patients, SCS is a way to regain their quality of life and return to a more normal lifestyle.

Keep bandages intact and dry
Sponge bathe only while leads are in place
Do not drive

Call MD immediately if you have:

Extremity Weakness
Fever or chills
Marked elevation in back or neck pain

If you have any problems or questions, please call our office at (203) 626-9080. The office hours are Monday — Friday from 8:00 am to 4:00 pm

In the event of an after-hours emergency related to your procedure call (203) 522-9806 and follow the instructions for contacting the on-call physician. Only emergency phone calls will be returned after hours. Under no circumstances will prescriptions be refilled or changed.

Patient Signature: _____ Date: _____

Physician Signature: _____ Date: _____