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DISCHARGE DIRECTIONS
KYPHOPLASTY

TO ENSURE A SAFE AND COMPLETE RECOVERY FOLLOW YOUR PHYSICIAN'S
INSTRUCTIONS:

- ACTIVITY:** Do not drive for (24) Twenty-four hours after your procedure.
- Do not perform activities that require prolonged sitting, bending or lifting.
- You may experience increased discomfort for the next (24) twenty-four hours.
- Bed rest may be necessary. You may gradually resume activity as your discomfort subsides.
- DIET:** Resume previous diet.

Call MD immediately if you have:

- Extremity Weakness
- Fever or chills
- Marked elevation in back or neck pain

If you have any problems or questions, please call our office at (203) 626-9080. The office hours are Monday — Friday from 8:00 am to 4:00 pm

In the event of an after hour emergency related to your procedure call (203) 522-9806 and follow the instructions for contacting the on-call physician. Only emergency phone calls will be returned after hours. Under no circumstances will prescriptions be refilled or changed.

Patient Signature: _____ Date: _____

Physician Signature: _____ Date: _____